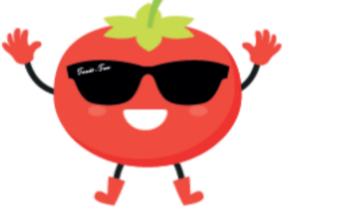
MIDDLESBROUGH School Meals

EAT SMART FOR A HEALTHY START!

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cottage pie	Chicken and vegetable cobbler	Roast dinner with all the trimmings	Minced beef and dumplings	Fish Friday
Option 2	Pizza wrap (V)	Quorn Burger in Bun (V)	Meatballs in a tomato sauce with pasta (V)	Curry and rice (V)	Quorn dippers (V)
Sides	Choice of seasonal Vegetables Mash Baby boiled	Choice of seasonal Vegetables Mash Baked Baby Boiled	Choice of seasonal Vegetables Mash Roast Potatoes	Choice of seasonal Vegetables Mash Wedges	Choice of seasonal Vegetables Chips
Dessert	Fruit sponge and custard	Fruit Muffin	Beetroot chocolate brownie	crumble and custard Fruit	Ice cream

ALSO AVAILABLE DAILY:



- Jacket potato with Filling
- Salad Bar
- Sandwiches or Wraps
- Cheese & Crackers
- Fresh Fruit
- Bread
- Drinking Water
- Wholegrain Pasta/Rice/Bread also available

All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant

WEEK 2 MENU